

## Leprosy Coffee Morning 28 October



*Leprosy defeated, lives transformed*

**Saturday 28th October 10am – 12 noon**  
Admission £3.00

Includes tea/coffee, scones and cakes. There will be a variety of stalls including home baking and preserves.

## The Guild - 95<sup>th</sup> Anniversary

Our guild is celebrating its 95th anniversary this year and the members are taking the service on

**Sunday 15th October 11.00am**  
in the Church Hall



The service will be followed by a buffet lunch afterwards.

This lunch is being catered for by Giovanni's and we hope you will all join us. There is no charge but any donations will be gratefully received and will go toward the guild projects.

Please join us on this special occasion.

## Come and learn about a simple (yet less fearful!) way to share faith with friends and family

### ACORN

- Ask
- Call
- Obey
- Report
- Notice God



Michael Harvey (Back to Church Sunday, Weekend of Invitation) will visit to tell us more about 'ACORN' – a growing movement across Scotland's congregations and church groups that enables us to gently share our faith amongst friends and family members.



Penicuik North Kirk, 95, John Street, Penicuik EH26 8AG

**Thursday, October 12th 7.30pm.**

Admission is free, but please book through Eventbrite:

<https://AcornAutumnRoadshow.eventbrite.co.uk>

Refreshments are provided from 7pm.

## Cleaner Wanted



Mandy, our cleaner, has moved on to pastures new. She will be sadly missed.

If you know anyone who might be interested in taking on this paid role, the details are as follows:

### Wanted!

**Cleaner, 3 hours per week (normally 8am - 11am), split between church and hall. Day of week has been Wednesday but can be moved to suit.**

Interested in this paid position?

Contact Neil Cape or Agnes Haggart for full details

## Guild Monday 2 October @ 2.00pm



**Presentation on the work of RNID**  
Agnes Ovenstone for more information

## Trinity Community October Diary

1 October 3.30 to 5.30pm	Messy Church - Church Hall
1, 8, 15, 22, 29 October 7.15pm	Sunday evening Prayer Meeting - Church Hall
2 October 2.00pm	Guild 'RNID' presentation - Church Hall
2, 9, 16, 23, 30 October 7.15pm	Housegroup - On Zoom [ Call Sheena for details 07810 477597 ]
3, 10, 17, 24, 31 October 10.00am to 12 noon	Housegroup - [contact Mary Darling 01968 660585 for details]
3, 10, 14, October 10.00am to 3.00pm	Youth Alpha (aimed at 11 - 17 year old) - St. James the Less Church Hall
4 October 10.45am	Friendship Hour - Church Hall [for help with transport call Margaret Webster 672347]
4, 11, 18, 25 October 7.30 to 9.30pm	Housegroup - Meet in Church Hall [Kate Downey for details]
5, 12, 19, 26, October 10.00am to 12 noon	Coffee and Chat - Church Hall
8 October 11.00am	Harvest Thanksgiving Service - Trinity Community Church
9 October 7.30pm	Ecumenical Prayer Service - Trinity Community Church Hall
10, 24 October 7.30pm	Housegroup - [ Contact Carol Macintosh for location details]
11, 25 October 10.00am	Wednesday Bible Study Group - Church Hall
12 October 7.30pm	ACORN with Michael Harvey - Penicuik North Kirk [See advert above]
15 October 11.00am	Guild led 95 <sup>th</sup> Anniversary Morning Sunday Service, and lunch - Church Hall
16 October 2.00pm	Guild meeting 'Team Jak' with Jo McGuinness - Church Hall
28 October 10.00am to 12 noon	Leprosy Mission coffee morning - Church Hall
29 October 2.30pm	Forest Church - Meet in Penicuik House Estate Car Park



# TC News

**OCTOBER 2023**

Newsletter of Penicuik Trinity Community Church

You can read this newsletter at Penicuik Trinity Community Church website <https://www.penicuiktrinitycommunity.church>. To sign up for an eCopy of this newsletter to be sent direct to your inbox each month, saving paper and other resources, just send a request email to [penicuiktrinitycommunitymedia@gmail.com](mailto:penicuiktrinitycommunitymedia@gmail.com)

## Growing Young: Empathizing with Young People

Enclosed with this issue is a discussion guide on 'Empathizing with Young People'. It's designed to be read in conjunction with the joint service theme of Sunday 3 September. (You can watch again John's talk on YouTube or via the link on the church's website.)

<https://www.youtube.com/watch?v=dwyNNnVLFt8&t=1571s>

We're asking you to mull over the themes with a house group or a Bible study group or the Guild or with any group in the church. You can also use the discussion guide on your own, have a think about it and maybe discuss it over coffee with someone. Please fill it in and return it to church or send it to John.

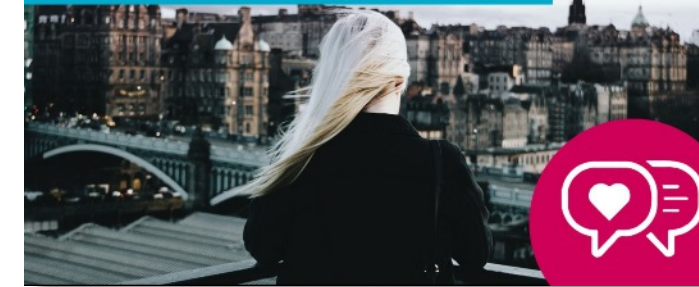


It's important to get people thinking about this theme, because we aim to have a congregation which, empathises not only with young people, but with other generations as well. The wisdom of Proverbs chapter 20, verse 5, says this:

**A motive in the human heart is like deep water, and a person who has understanding draws it out.** (GWT)

We should desire to be understanding people, discerning what makes people tick, so that we can gently be a help to them. We have a living example of this in Jesus and his continuing ministry, as described in Eugene's Peterson's rendering of the last verses of the Letter to the Hebrews, chapter 4:

## Empathise with today's young people



We don't have a priest who is out of touch with our reality. He's been through weakness and testing, experienced it all—all but the sin. So let's walk right up to him and get what he is so ready to give. Take the mercy, accept the help (MSG)

As we readily come to Jesus for his sympathetic help and counsel, let's aim, in God's strength, to be merciful and helpful to others as well.

John Urquhart

## What might this look like?



## Hats Gloves and Scarves - 29 October



This year we are once again collecting knitted hats, gloves and scarves for the Blythswood Care Christmas appeal. We welcome bought hats, scarves, gloves etc for adults and children from non-knitters.

Since their first Shoe Box Appeal in 1993 Blythswood have sent more than 2.5 million boxes – each one different, each one personal, each one an expression of your care and kindness towards a stranger in need.

Filled with small, practical items such as toiletries, stationery, and clothing, the individually-wrapped boxes have been distributed in schools, hospitals, orphanages and care homes, and to households in very low income communities. **Many have gone to people affected by the war in Ukraine**

Margaret Barry and Christine Jackson will be in the hall on **Saturday 28 October from 10.00am till mid-day** if anyone wants to hand anything in. Or drop them off at church any Sunday until then.

## Pastoral Care

Please remember that we are always here for church members and for anyone in the community, and you are welcome to phone (in confidence) at any time for a chat, prayer, or to source other help or to request a visit; Either: John Urquhart (01968 382116; Margaret Webster (01968 672347 or 07761 096 472) or Wilma Wilson (07719 665505)





## Guild SCAA - 4 September

To open the new Guild season at Trinity Community Church, Ian Lindsay, provided a presentation on the work of the Scotland's Charity Air Ambulance service (SCAA). I



Saving Time, Saving Lives is the motto of SCAA, and is part of the Helicopter Emergency Ambulance Service (HEMS). There are 21 charity air ambulances across the UK, 19 in England, 1 in Northern Ireland and 1 in Scotland, the SCAA, which together fly 41 helicopters, 365 days a year on emergency calls.



Two helicopters are in state of readiness at all times, one Based at Perth Airport in Scone, the other at Aberdeen Airport in Dyce. Of the team of 12 paramedics and 4 pilots, a full crew at each location are always on call, for time critical requests, aiming to support the "golden hour" response for major trauma incidents.

A 999 call will be handled by HEMS, sent to the SCAA, who prepare for flight and take off, typically in 5 minutes. Recovery times from patient pickup to hospital are typically 30 to 112 minutes quicker than the same rescue by road or sea.

Since 2013 SCAA have responded to over 5000 time critical emergencies, 967 in 2022 which was a 19% increase on 2021. Calls are to Highlands, Grampian, Greater Glasgow and Lanarkshire areas account for some 70% of all callouts.

In 2022 the crews attended ;320 Trauma, e.g. falls, 140 Cardiac arrests, 162 Medical emergencies, 130 Transfers and 39 Strokes. It costs SCAA £5.2 million a year to keep the two helicopters and crews ready 24\*365. As a charity they rely on Sponsorship and support. You can help by donating at

<https://www.scaa.org.uk/>

## Guild CHAS - 18 September Report by Jenny Ramage

Our speaker today was Sarah Dannfald from CHAS accompanied with two trainee colleagues.

Sarah told us that the Children's Hospice Association for Scotland began over 30 years ago in 1992 and provides respite care for children with life shortening conditions in their hospices Robin House at Balloch and Rachel House at Kinross.



The hospices together with Home Care services and Hospital Presence provide palliative care, family respite and support throughout Scotland. They also have Diana nurses (named after Princess Diana) working in hospitals and in the community providing palliative care and support to children and their families.

The hospices are bright, cheery places with cosy communal areas and gardens where activities take place and happy memories can be made. As Sarah said the children come to CHAS to live not die.

However when a child does die the parent and siblings are supported and there are special rooms for them to be able to spend time with their child and say goodbye.

More details at <https://www.chas.org.uk/>

## Youth Alpha - progress report Ann Dunsire

A Youth Alpha course commenced at the start of September at the home of Charis & Jamie who attend City on a Hill church.

We've had around 10 young people attend each week so far. We are so grateful for everyone's support, both in terms of ongoing prayer, kind financial donations and very grateful to everyone who is on our food rota, providing dessert each week.

The food has proved incredibly popular!

Here are some photos of what the group have enjoyed so far, along with Charis & Jamie.



## Renew 26 - update from Sheila Anderson

Ruth Rice, CEO of Renew Wellbeing asked Centre hosts to reflect on partnership last week. **At Renew 26 we were saddened to hear that the Glencorse Centre manager wanted to end her partnership.**

We are always on the lookout for partners who have links to people with mental health issues or are people of peace.

Renew26 has a strong partnership with Health in Mind. One of their staff comes to each Renew26 space once a month and a few of the Renew26 regulars attend groups that they run.

We have a more informal partnership with the Penicuik ambassadors who gave us funding for taxis and are generally very supportive. They, along with FFF, promote Renew26 with any clients who they think would benefit from the space.

We continue to run at the Glencorse Centre on Thursday afternoons and at Penicuik North Kirk back hall on Friday mornings. Both centres welcome new guests regularly. It is very humbling to hear regulars talk about the importance of the spaces in their life.

Crafts and games are very important at any Renew Wellbeing space. Recently we have been making soap and glass painting. Creativity abounds!

The Renew26 hosts have been asked by Lothian and Borders Presbytery to run a taster session for any other church who might consider opening a Renew Wellbeing space so we are in the process of organising such an event.

Glasgow Presbytery recently invited a Renew Wellbeing local link to speak to them. As part of her presentation she used the video made for the Church of Scotland of Renew26. Penicuik churches (particularly the North Kirk who provide guardianship) and Renew26 are indeed pioneers!

If you know of anyone who might benefit from a regular space where it is OK not to be OK do come along with them. Also if you would like to give a donation towards taxi fares speak to Sheila or Caroline.

Every blessing  
Sheila

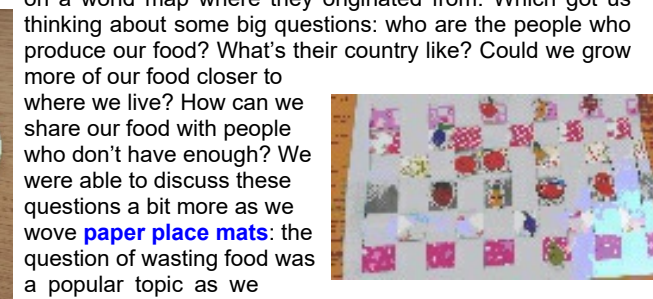
## Messy Church 3 September Report Joan Cape

We started our new season, looking at "God's wonderful world", not with a Bible story but a psalm, Psalm 34

The earth is the Lord's, and everything in it, the world, and all who live in it; for he founded it on the seas and established it on the waters.

We also looked at Psalm 65 (Perhaps you could look this one up for yourself) These remind us that God not only made the world, but cares for it too. We thought about how we can help care for our world – God gave it to us for us to enjoy, but how careful are we with it? Do we look after the world, or are we careless, wasting resources like food and using much more than we really need? How often do we remember that God gave the world to everyone, that he wants us to share what we have rather than being selfish and greedy?

**Making cupcakes to resemble the world** was great fun, with some interesting results, as we thought about where the ingredients come from. This led into our second activity: people had brought a range of foodstuffs with them, and we plotted on a world map where they originated from. Which got us thinking about some big questions: who are the people who produce our food? What's their country like? Could we grow more of our food closer to where we live? How can we share our food with people who don't have enough? We were able to discuss these questions a bit more as we wove **paper place mats**: the question of wasting food was a popular topic as we



## From the Kirk Session Report by Neil Cape

The Session meeting on 12th September gave us an opportunity to catch up on what had been happening over the summer. Our Annual Meeting was held on 2nd July – a draft minute of the meeting is available from me if you want to see it. I also completed all the paper work to make sure we comply with Data Protection Policies – the relevant documents are posted on the church notice board, and will shortly appear on our website. We also decided to have a congregational discussion meeting – to allow you to ask questions, make suggestions, and help us to make the 'community' aspects of Trinity Community Church more effective. Look out for notices, and do come along so that we can get your thoughts on all aspects of congregational life.

Did you get a copy of the Members' Directory at the start of the summer? This summarises our activities, and gives contact details for key people. If not, please ask next time you're in church, or give me a call or email.

Our cleaner has resigned – she has done a great job for us through Covid and beyond, but is taking up new opportunities. We wish her well, and send her on with our thanks and blessings, but are now looking for a new cleaner – 3h/week (to cover both hall and church), so if you know of anyone who might be interested, please ask them to contact me or Agnes Haggart.

We noted that new activities had started (Youth Alpha), or had restarted (Messy Church) and that ideas are being put together for new ventures (in partnership with other congregations) including a Toddler Group and 'Toastie Tuesdays' (reaching out to school students). More details are available in the July edition of the Newsletter. Again, look out for more information!

As this goes to press, we are expecting that work will start very soon on removing the central section of pews in the church, and replacing them with comfortable chairs. We can't take out all the pews, because of where the heating pipes run, but we should be able to provide seats for around 80 people. This does mean that we'll be out of the church for several weeks...the builder's not quite sure how long it'll take until he's had a chance to lift the floor and see exactly what's underneath. In the meantime, we'll worship in the hall. By that time the work on the Hearse House should have been completed, so that the blue cabin in front of the church should have gone.

If you have any specific questions, please don't hesitate to ask. The Kirk Session is scheduled to meet on the 2nd Tuesdays of each month up to the end of the year.

Neil Cape (674276, [tccsessionclerk@gmail.com](mailto:tccsessionclerk@gmail.com))

thought about our likes and dislikes! A figure, holding the world and made into a fridge magnet – will serve as a reminder of the promises we made to try to look after the world and its resources better.

Using up left over seeds and tissue paper to make **seed bombs** was a very popular activity – and very messy, as our brightly coloured hands showed. Let's hope the places where we "planted" our seed bombs are as colourful next year as the seeds grow.

Out in the garden we enjoyed the warmth of the sun as we went on a **prayer ramble**, following the instructions on our maps. We found lots of interesting things on the way – have you been out in the garden recently and just watched and listened? Making bird feeders using cardboard tubes, peanut butter and bird food, was great fun – and yes, we did have alternatives (in a different corner) for any with nut allergies! As we wondered about how many different birds might come to eat at our **bird feeders**, we reminded ourselves of our responsibility to care for all of God's creation.

Over in the church we had our celebration time – as we prayed and reflected on the words of the psalms and on what we had been doing we decorated a picture of the world with various bits and pieces from nature: shells, feathers, leaves, creating our own beautiful world.

We sent the youngsters home with a **suggested activity**: perhaps you'd like to join in. If you have time you could paint the picture the words of these psalms bring to mind, or write your own song or poem celebrating the wonderful world God has given to us. We'd love to see them.....or you could keep them for yourself as a reminder of God's goodness.

**Next time: Sunday October 1st** – we think more about looking after our world, as we create houses, make magnets and a bug hotel, peace doves and a prayer wall ...and lots more. Come and join us!

